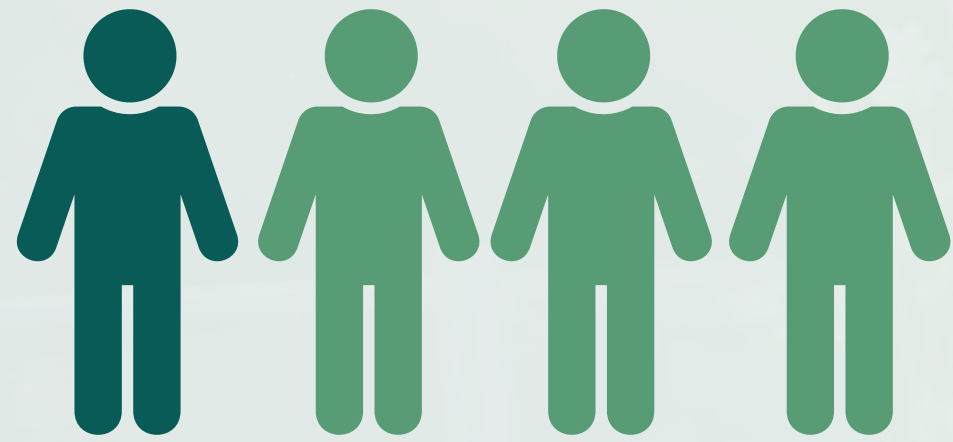


NATIVE FOOD ACCESS SURVEY

DISSEMINATION TOOLKIT



FRAC
Food Research & Action Center



1 IN 4 AMERICAN INDIANS AND ALASKA NATIVES EXPERIENCE VERY LOW FOOD SECURITY

FOOD INSECURITY:

A lack of consistent access to enough food for every person in a household to live an active, healthy life.

FOOD INSECURITY RATE RESPONDENT CHARACTERISTICS
FOOD INSECURITY BY HOUSEHOLD COMPOSITION

Food insecurity rates are statistically significantly higher for respondents with children under age 18 in their household ($p < 0.001$), with 56 percent experiencing food insecurity and 31 percent experiencing very low food security during COVID-19. Similarly, 59 percent of respondents with children under age 5 in their household experienced food insecurity and 33 percent experienced very low food security (Figure 4).

Households with children experiencing greater levels of food insecurity is a pattern consistent across online surveys of food insecurity conducted during COVID-19 and with the latest 2020 USDA Economic Research Service's (ERS) annual food security estimates. A recent review of other online surveys during COVID-19¹⁰ provides evidence that regardless of the data source, studies consistently find that food hardship has increased during COVID-19 and is higher among households with children. Congruent with this pattern, USDA ERS's annual report, Household Food Security in the United States in 2020, shows that the rate of food insecurity in 2020 (most of which was characterized by COVID-19) for households with children (14.8 percent) was higher than for those without children (8.8 percent).¹¹

The rate of food insecurity for respondents with children under age 18 in their household was 14.8 percent, compared to 8.8 percent for those without children under age 18 in their household. One concern when school is in session is that children in school may not have access to school meals through the National School Lunch Program and Breakfast Programs, and snack programs. These programs are critical for children's health and well-being, and the loss of these programs during COVID-19 has had a significant impact on children's food security.

The food insecurity rate for households with children under age 5 in their household was 14.8 percent, compared to 8.8 percent for those without children under age 5 in their household. The food insecurity rate for households with children under age 5 in their household was 14.8 percent, compared to 8.8 percent for those without children under age 5 in their household.

REIMAGINING HUNGER RESPONSES IN TIMES OF CRISIS
Insights from Case Examples and a Survey of Native Communities' Food Access During COVID-19

Photo by: Youth Employment Project

Select Characteristics of NAAF Food Access Survey Respondents

MARTIAL STATUS 17% Divorced/Widowed 26% Single 46% Married 9% Domestic Partnership	HOUSEHOLD SIZE 3.8 household members on average
INCOME 30,000 - 50,000 in median household income	OLDER ADULTS 30% live in a household with an adult age 65 years old or older
GENDER 24% Male 72% Female 4% Two-Spirit	AGE 49 Average age is 49 with a range of 19 to 80

Source: Native American Agriculture Fund Food Access Survey

Reimagining Hunger Responses in Times of Crisis | 15

Logos: NAAF, University of Arkansas, FRAC (Food Research & Action Center)

In February 2021, the Native American Agriculture Fund (NAAF) launched a survey on food access gaps within Native American communities during COVID-19. Results showed that 49% of American Indian and Alaska Natives experienced food insecurity during COVID-19 and one in four experienced very low food security. The report “Reimagining Hunger Responses in Times of Crisis” illuminates the challenges of food security in Indian Country and the Tribally-driven solutions needed to address those challenges.

INCREASING FOOD ACCESS IN INDIAN COUNTRY

SHARE THE [#NATIVEFOODACCESS](#) SURVEY

NAAF and FRAC are launching a new survey for continued research about food access, food sovereignty, and food security for Native American people that can help determine resources needed to improve access to nutritious food for tribal communities.

SURVEY IS OPEN UNTIL CLOSED

[ACCESS SURVEY HERE](#)

**INCREASING FOOD ACCESS
IN INDIAN COUNTRY
SURVEY IS OPEN UNTIL CLOSED**



OUR ASK: USE THIS TOOLKIT TO HIGHLIGHT THE IMPORTANT ISSUE OF NATIVE AMERICAN FOOD INSECURITY AND ENCOURAGE OTHERS TO TAKE THE FOOD ACCESS SURVEY. WE HAVE PROVIDED SAMPLE SOCIAL MEDIA POSTS, GRAPHICS, AND A NEWSLETTER/EMAIL FOR YOU TO CUSTOMIZE FOR YOUR NETWORKS AND SPREAD THE MESSAGE.

SAMPLE SOCIAL MEDIA CAPTIONS:

- Take the #NativeFoodAccess Survey today! It's confidential and takes less than 15 minutes. Your valuable answers shed light on food access for Native American people and can help determine community resource needs. Find it here: bit.ly/NAAF-2023Survey
- How can we improve food access in Native American and rural communities? The @NativeAgFund and @fractweets are surveying to gain a better perspective on the issues of food insecurity and hunger in Tribal areas. Make your voice heard and take the #NativeFoodAccess Survey today: bit.ly/NAAF-2023Survey
- 1 in 4 Native Americans and Alaska Natives experience food insecurity - a lack of consistent access to enough food for every person in a household to live an active, healthy life. We need your feedback to determine the resources needed to increase consistent food access for all. Make your voice heard and act today by completing the #NativeFoodAccess Survey. Find it here: bit.ly/NAAF-2023Survey
- Food Insecurity impacts too many Native American households. Help us understand this important issue by taking the #NativeFoodAccess Survey today: bit.ly/NAAF-2023Survey

DOWNLOADABLE SOCIAL MEDIA GRAPHICS (CLICK THE IMAGE TO DOWNLOAD):

1 IN 4 AMERICAN INDIANS AND ALASKA NATIVES EXPERIENCE VERY LOW FOOD SECURITY

HELP US UNDERSTAND WHY
TAKE THE #NATIVEFOODACCESS SURVEY TODAY

FRAC Food Research & Action Center

FOOD INSECURITY:
A lack of consistent access to enough food for every person in a household to live an active, healthy life.

49% OF AMERICAN INDIANS AND ALASKA NATIVES EXPERIENCE FOOD INSECURITY

HELP US UNDERSTAND WHY
TAKE THE #NATIVEFOODACCESS SURVEY TODAY

FRAC Food Research & Action Center

HOW CAN YOU HELP INCREASE ACCESS TO FOOD?

#NATIVEFOODACCESS

FRAC Food Research & Action Center

The findings from the survey will be used to share the depth of the issues of hunger and food access in Native American households. Your feedback matters!

15 Minute Survey

TAKE SURVEY TODAY →

EQUITABLE FOOD ACCESS FOR ALL

FRAC Food Research & Action Center

NATIVE FOOD ACCESS SURVEY

The findings from the survey will be used to share the depth of the issues of hunger and food access in Native American households.

15 Minute Survey

TAKE SURVEY TODAY →



@NATIVEAGFUND

@FRACGRAM

@FRACTWEETS

SLIDER IMAGES FOR INSTAGRAM POSTS:



#NATIVEFOODACCESS

WWW.SURVEYMONKEY.COM/R/NAAF2023

FOOD ACCESS DATA:

- At least 48% of AI/AN have low food access, living greater than 10 miles from the grocery store.
- Food insecurity is higher among AI/AN households with children, employment disruption during COVID-19, or self-reported poor or fair health status
- 54% AI/AN sometimes or often during COVID-19 couldn't afford to eat balanced meals
- 37% of AI/AN households cut the size of meals or skipped meals because there wasn't enough money for food in at least one month during COVID-19
- 34% ate less than they felt they should during COVID-19 because there wasn't enough money for food

SAMPLE NEWSLETTER/EMAIL LANGUAGE:

4.9% of American Indian and Alaska Natives experienced food insecurity during COVID-19, and one in four experienced very low food insecurity.

The Native American Agriculture Fund is asking you to make your voice heard on food access barriers, food sovereignty, and food security in your household and tribal community to better inform stakeholders on addressing those challenges and invest in solutions.

Complete the Food Access Survey: www.surveymonkey.com/r/NAAF2023

Contact media@nativeamericanagriculturefund.org with questions.